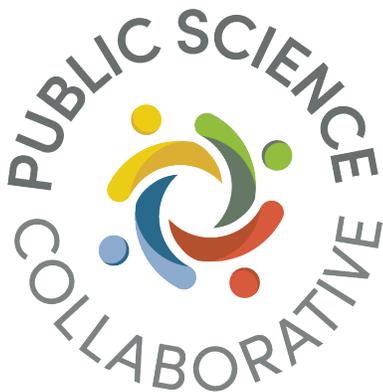
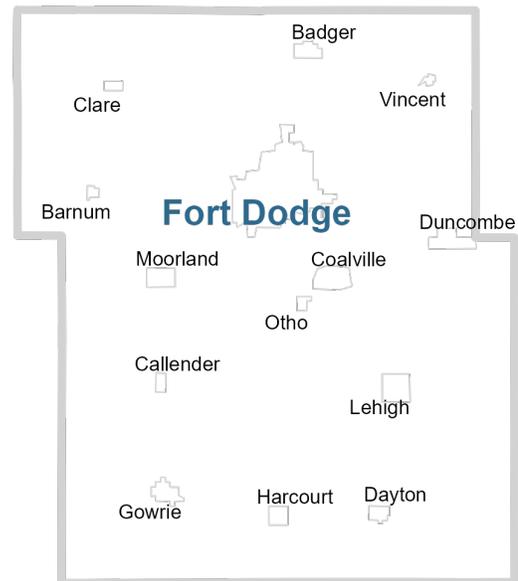


Recovery Readiness Assessment: Fort Dodge

June, 2025



Webster County



Report provided to the Iowa Department of
Health and Human Services

This project is supported by State Opioid Response funds through the Iowa Department of Health and Human Services, Bureau of Substance Use (IowaHHS) via a subaward from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, IowaHHS, SAMHSA/HHS, or the U.S. Government.

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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Fort Dodge, which is in Webster County and is part of Iowa's Behavioral Health District 2 (see Figure 1). Fort Dodge has a population of 24,800.



Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Fort Dodge's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “Peer Support Providers” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

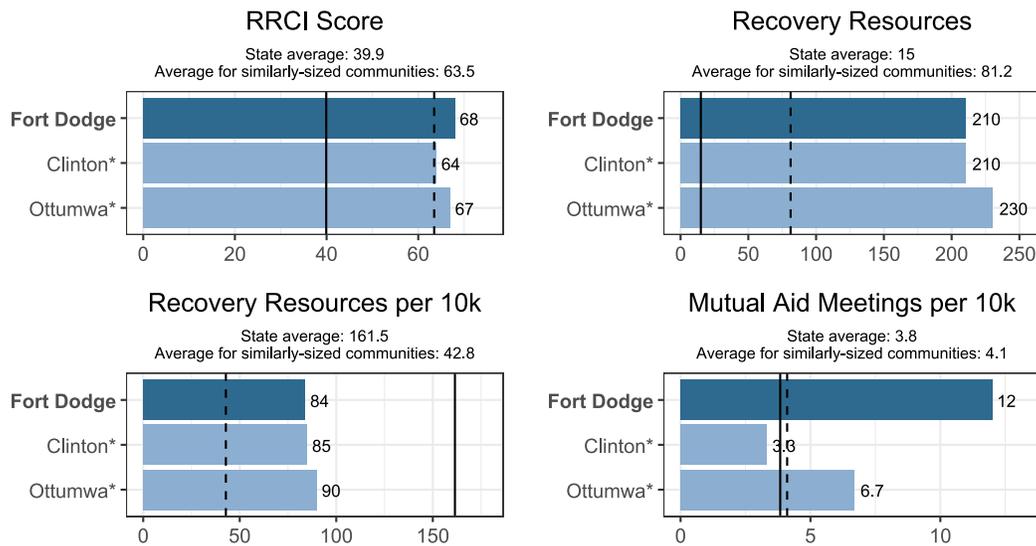
Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa's cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of 'Recovery Ready' communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community's overall RRCI score is calculated by taking the average of the components' percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Figure 2 below displays recovery resources in Fort Dodge compared to the two Iowa cities most similar in population, Clinton and Ottumwa, as well as the state average and average for cities in a similar population group (10,000 - 49,999). Appendix 2 gives additional context, showing Fort Dodge among all the communities with at least 1,000 people in behavioral health district 2.



* The Iowa cities most comparable to Fort Dodge by population are Clinton and Ottumwa.

** The solid vertical line represents the average for all 944 communities in Iowa and the dashed vertical line represents the average for Iowa communities with populations of 10,000 - 49,999 people.

Figure 2: Recovery Resources in Fort Dodge

Fort Dodge ranks 5th of 31 on the RRCI in its population group (10,000 - 49,999). Among the same group, Fort Dodge ranks 12th in total resources, 20th in resources per 10,000 people, and 1st in mutual aid meetings per 10,000 people. In addition to the RRCI, a community might also consider resource diversity. That is, whether Fort Dodge has a wide range of types of resources to support multiple pathways to recovery. On this measure, Fort Dodge has 19 types of non-meeting resources, compared to the average of 11.1 for cities with a population of 10,000 - 49,999.

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

What Are the Resources in Your Community?

Overall, Fort Dodge has 32 mutual aid meetings and 209 non-meeting recovery resources. The tables below include data about the specific kinds of mutual aid meetings and other recovery resources available in your community. Appendices 3 and 4 have a full list of these resources. Following the tables, we have prepared maps that break up the data into categories of similar types of resources and show where resources are located in Fort Dodge. These maps can be used to help identify areas that already have plentiful recovery resources and those that have limited resources and may need additional support.

Table 1: Types of Mutual Aid Meetings in Fort Dodge

Meeting Type	Total Meeting Locations	Total Meetings
Alcoholics Anonymous	19	19
Narcotics Anonymous	5	8
Al-Anon	3	3
Celebrate Recovery	1	1
Gamblers Anonymous	1	1

Table 2: Types of Recovery Resources in Fort Dodge

Resource Type	Total Resources
Place of Worship	49
Childcare Provider	34
Trail	27
Tennis Court	14
Baseball/Softball Diamond	10
SUD or Gambling Treatment Center	10
School	10
Outdoor Basketball Court	9
Football Field	6
Rural Health Clinic	6
Drug Drop-off Site	5
Lake	5
MAT Site	4
Peer Support Provider	3
Section 8 Housing	3
Family Support Specialist	2
Outdoor Volleyball Court	2
College or University	1
Hospital	1
Library	1
Mental & Behavioral Health Center	1

Resource Type	Total Resources
Playground	1
Recovery Housing	1
SUD Recovery Coach	1
Shelter	1
VA Hospital or Clinic	1
Workforce Development Office	1

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. The following maps identify resources in Fort Dodge that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

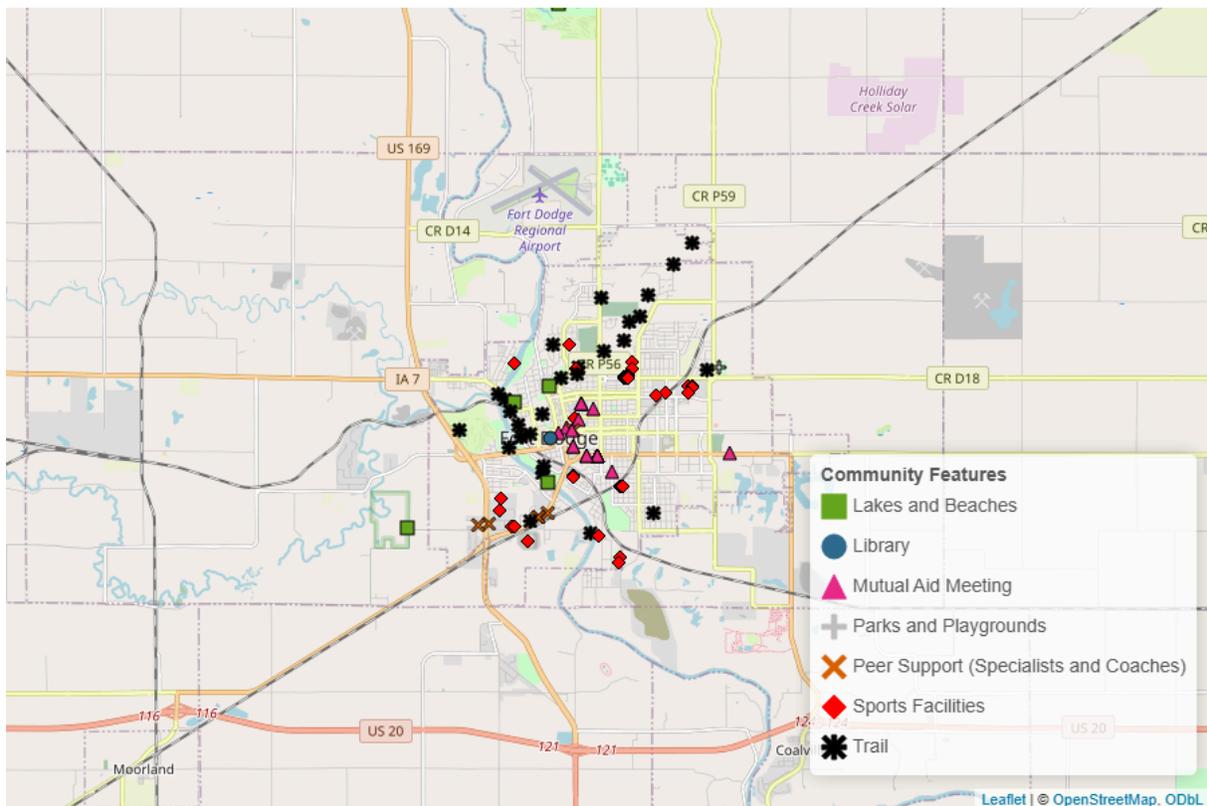


Figure 3: Community Resources in Fort Dodge

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

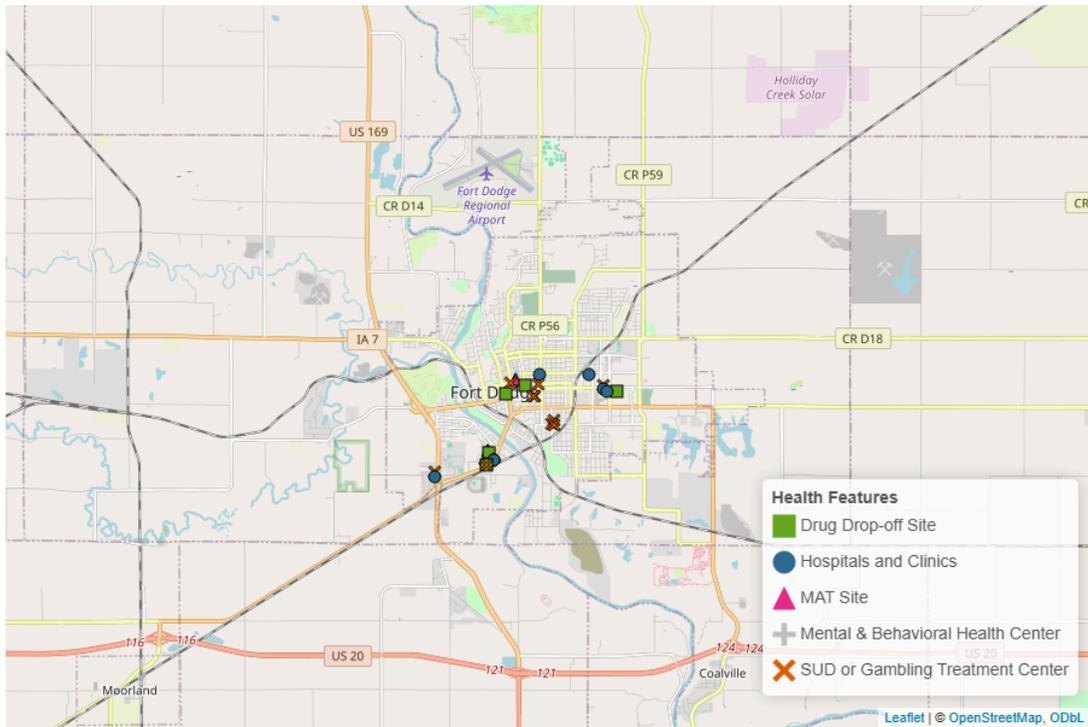


Figure 4: Health Resources in Fort Dodge

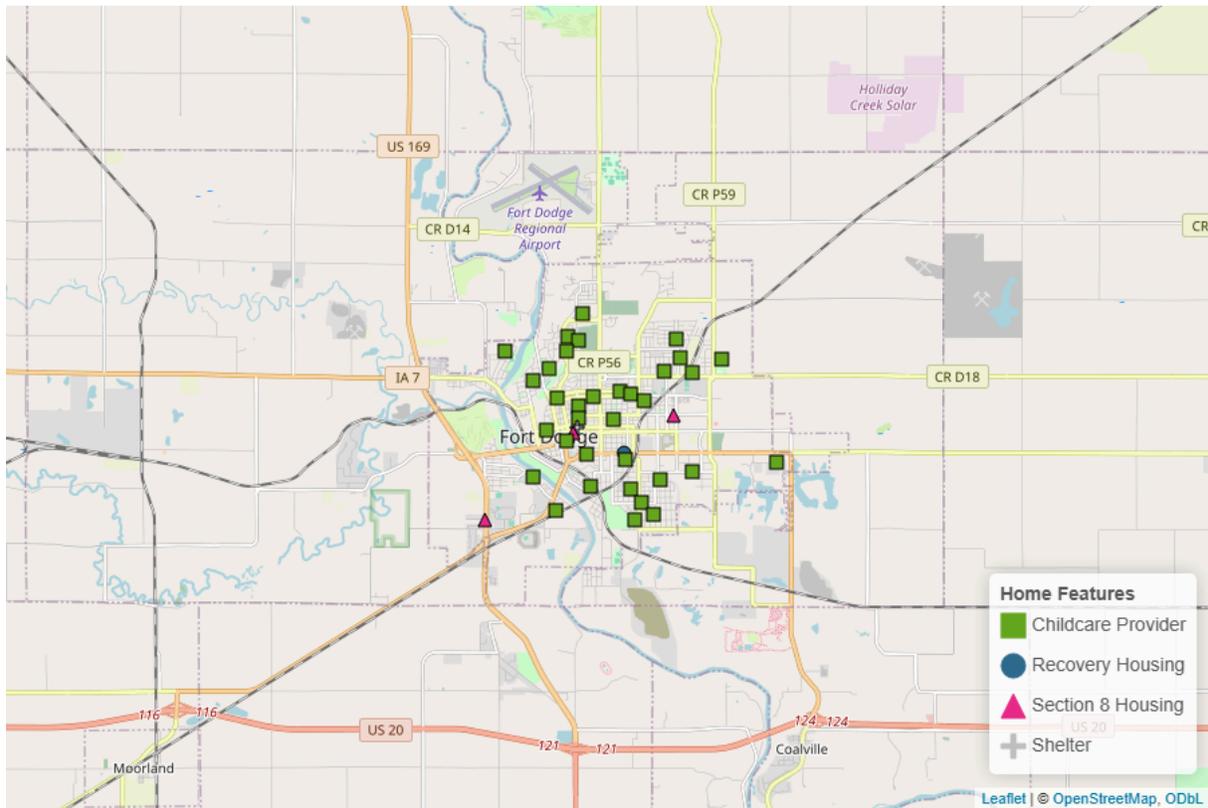


Figure 5: Home Resources in Fort Dodge

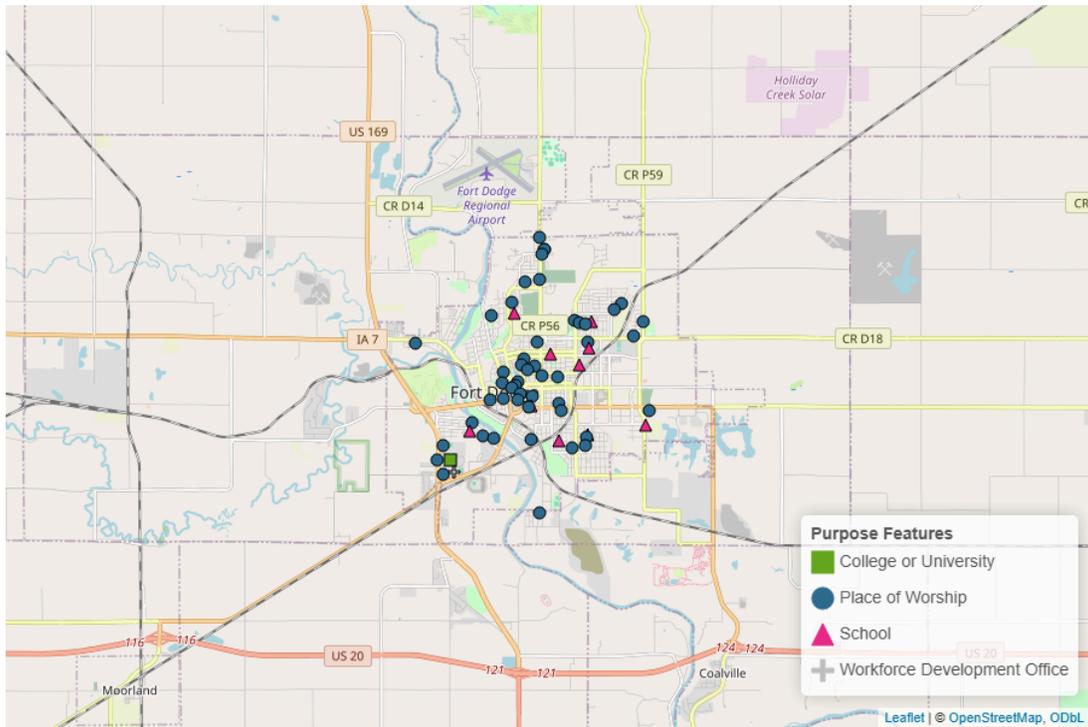


Figure 6: Purpose Resources in Fort Dodge

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person's life that contribute to their overall well-being. For example, a family that living in an area with limited resources supporting families and children (such as childcare providers and parks or playgrounds) may experience other struggles as a result, like increased transportation costs that place stressors on a family's finances. These maps can also be used in conjunction with the population data in the next section to help identify vulnerable populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Work-force Development Offices)

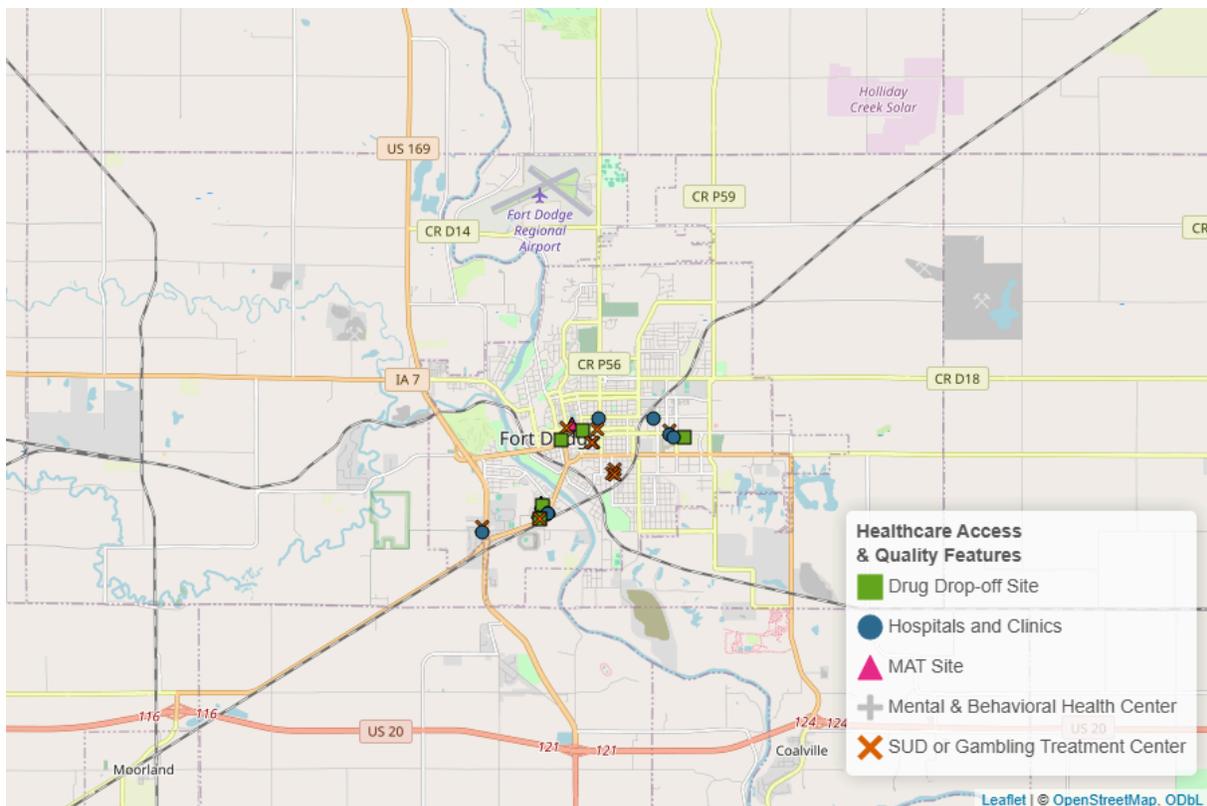


Figure 7: Health Care Access and Quality Resources in Fort Dodge

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

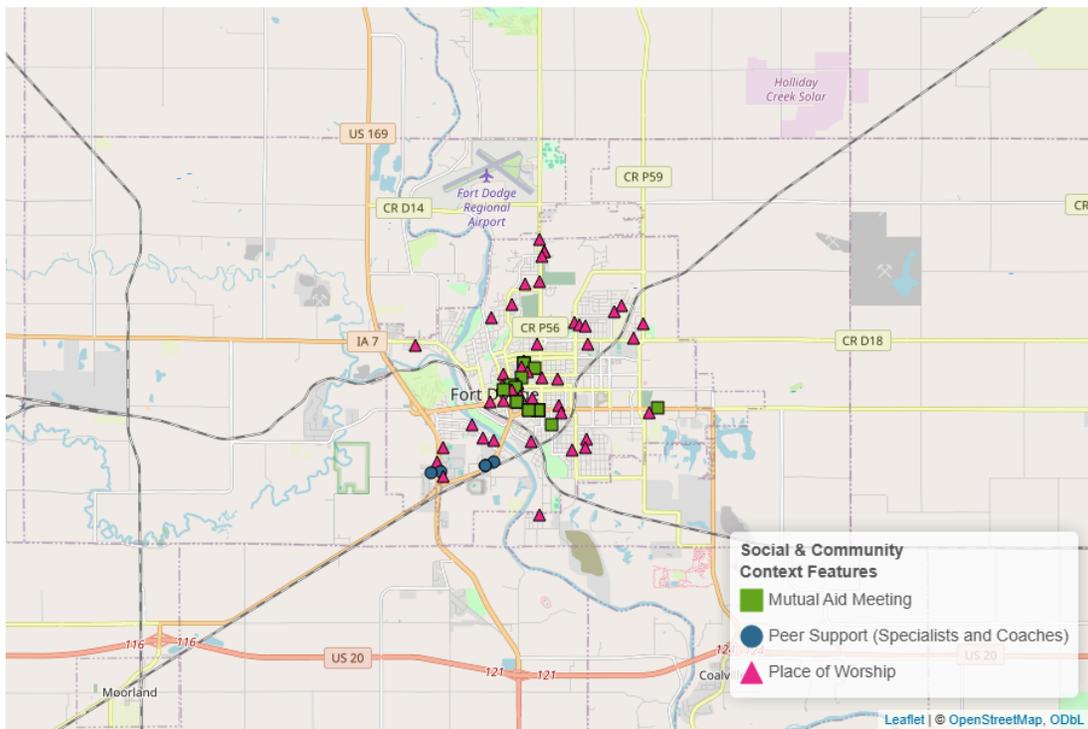


Figure 8: Social and Community Context Resources in Fort Dodge

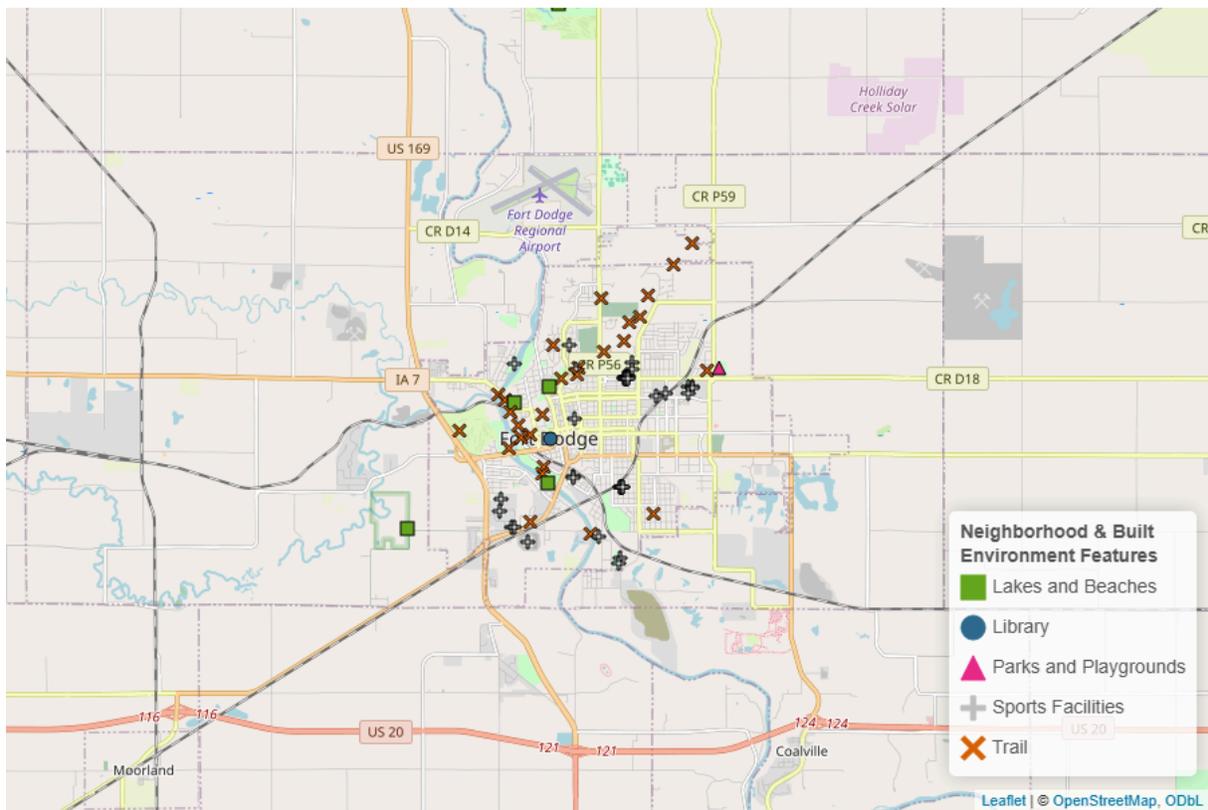


Figure 9: Neighborhood and Built Environment Resources in Fort Dodge

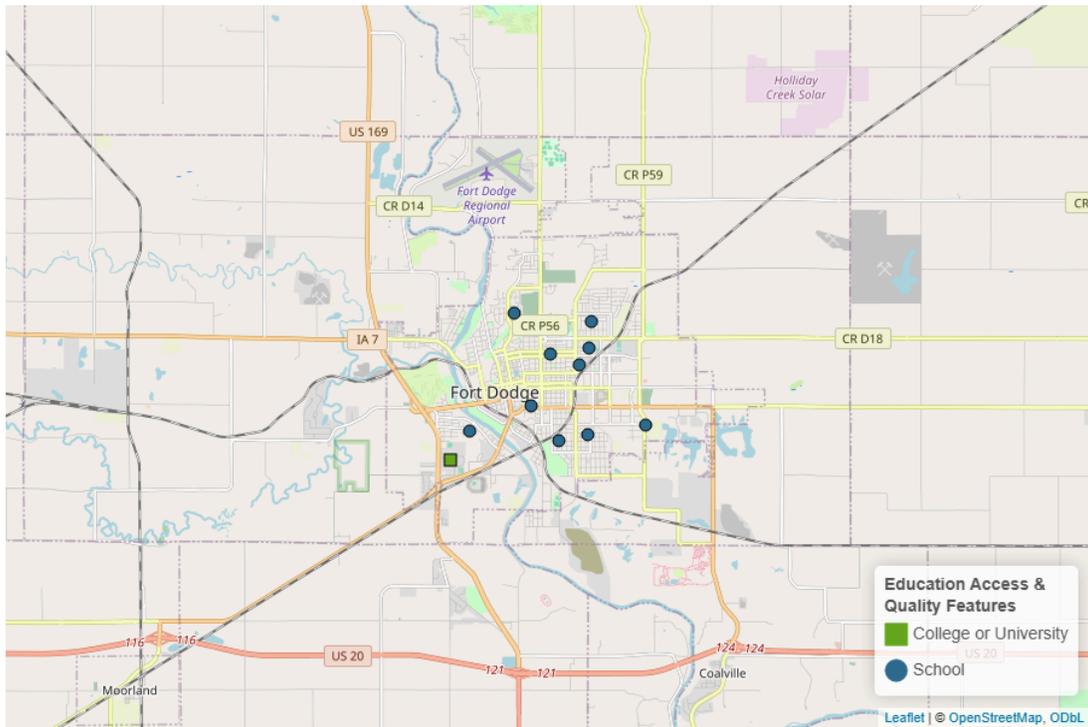


Figure 10: Education Access and Quality Resources in Fort Dodge

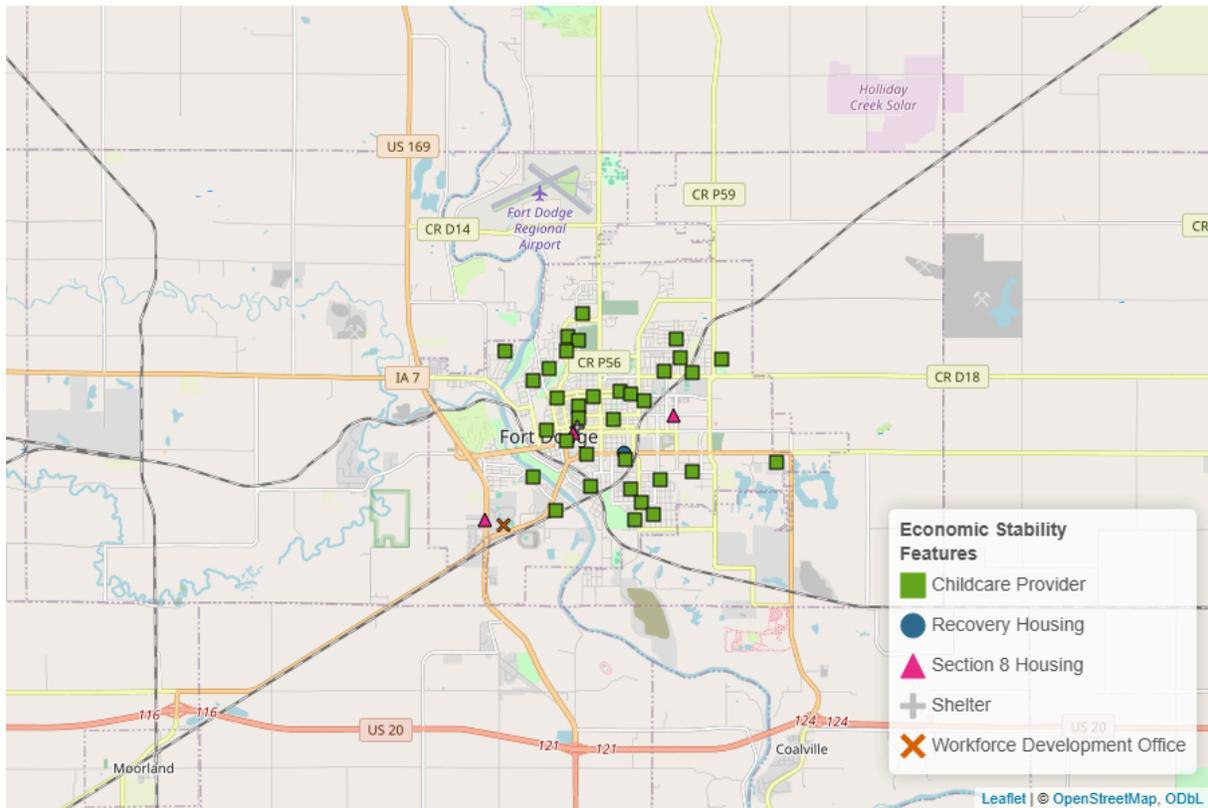


Figure 11: Economic Stability Resources in Fort Dodge

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative](#)⁸ has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 3 shows peer support provider organizations in behavioral health district 2. Organizations located in Fort Dodge are listed first and highlighted in bold.

Table 3: Peer Support Providers in Behavioral Health District 2

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Fort Dodge	Berryhill - North Central IA MHC	1	0	1	0
Fort Dodge	Child Health Specialty Clinics (CHSC)	1	0	0	0
Fort Dodge	Community and Family Resources	0	1	0	0
Fort Dodge	Freedom Pointe	0	0	2	0
Estherville	Rosecrance - Jackson Recovery Centers	0	1	0	0
Spencer	Child Health Specialty Clinics (CHSC)	1	0	0	0
Spencer	Seasons Center for Behavioral Health	0	1	3	0
Spirit Lake	Plains Area Mental Health Center (PAMHC)	0	0	1	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners resources more effectively target substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](#).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

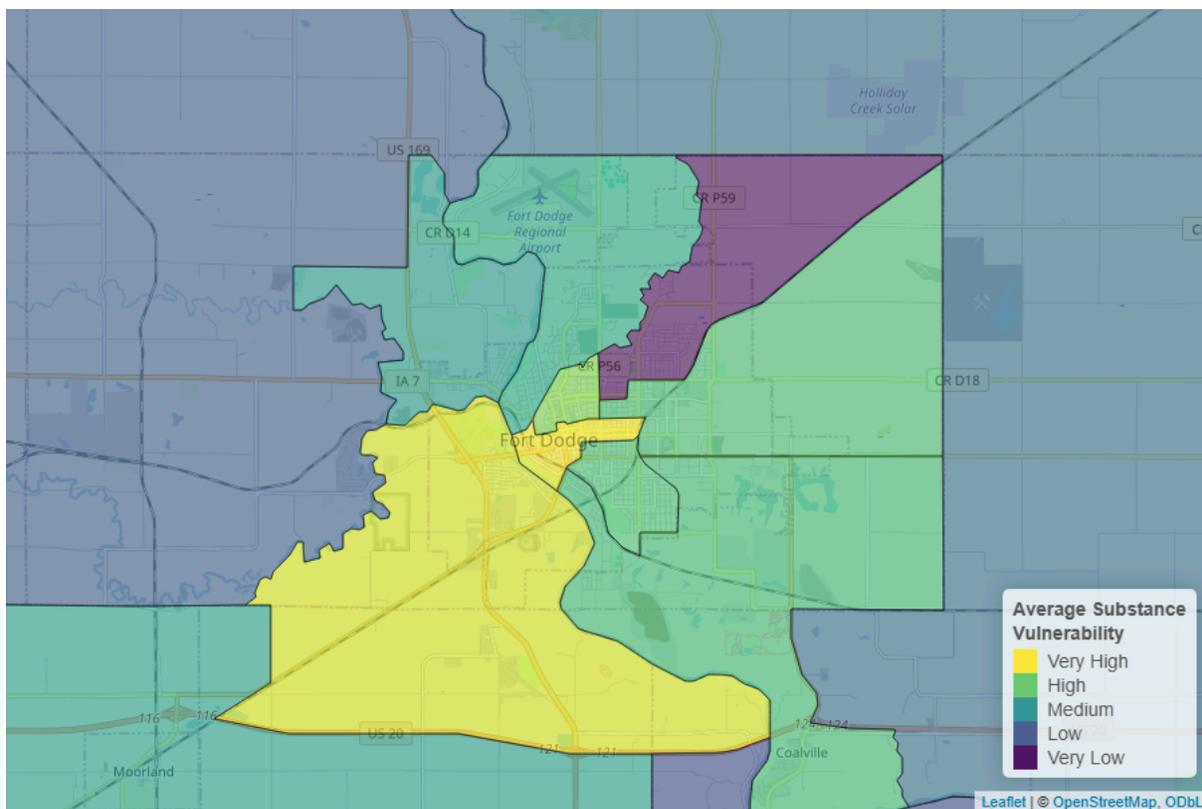


Figure 12: Overall Substance Use Vulnerability in Fort Dodge

⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

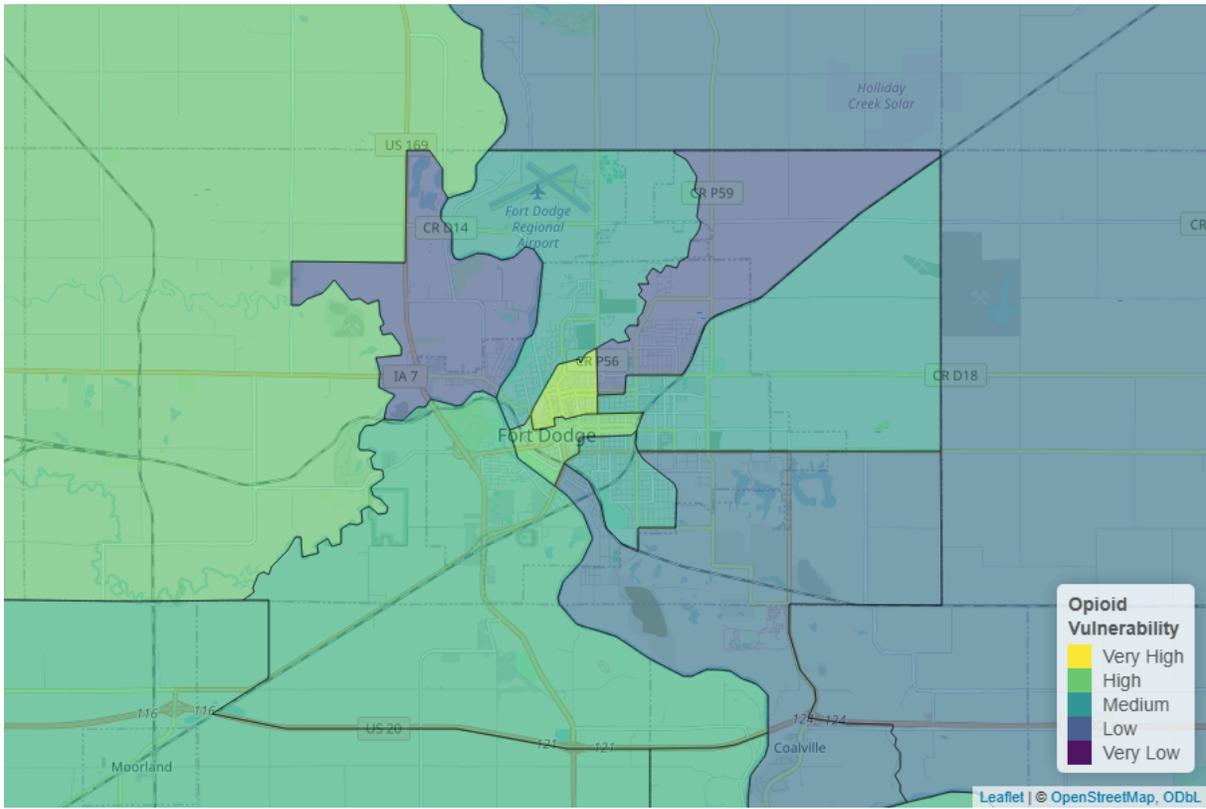


Figure 13: Opioid Vulnerability in Fort Dodge

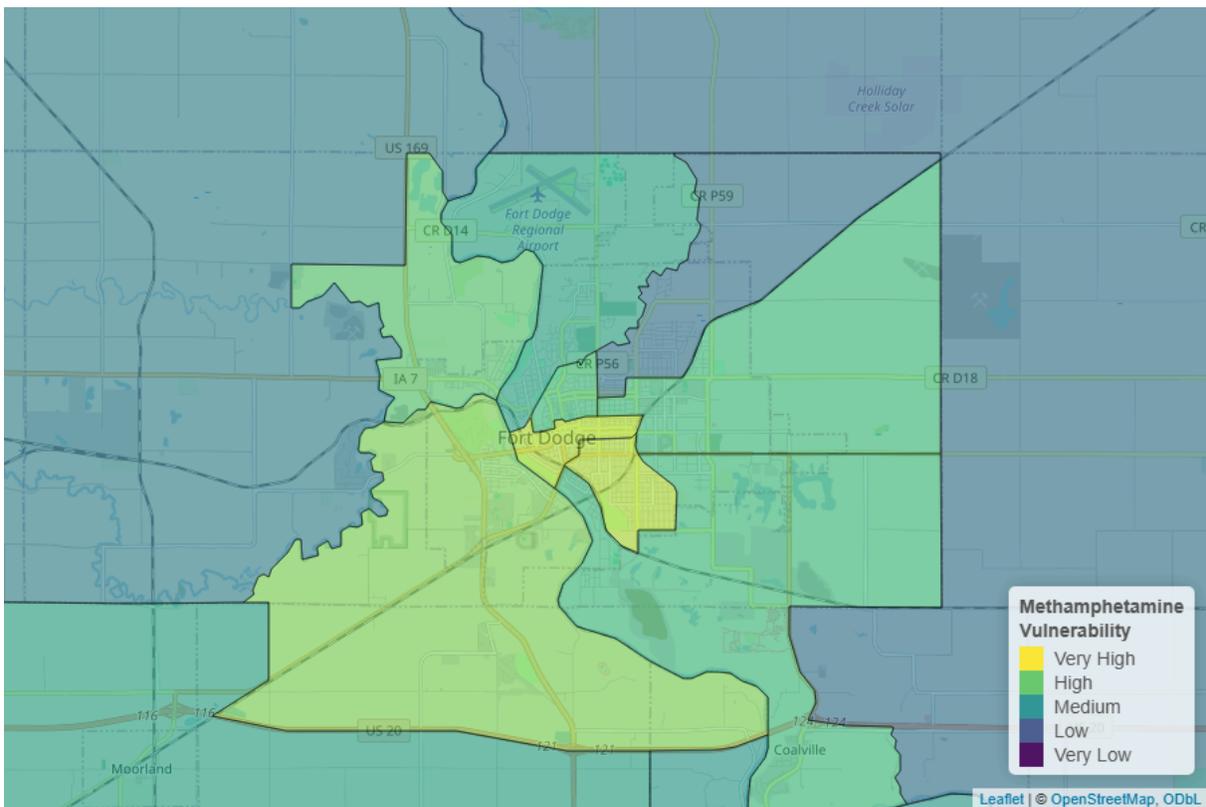


Figure 14: Methamphetamine Vulnerability in Fort Dodge

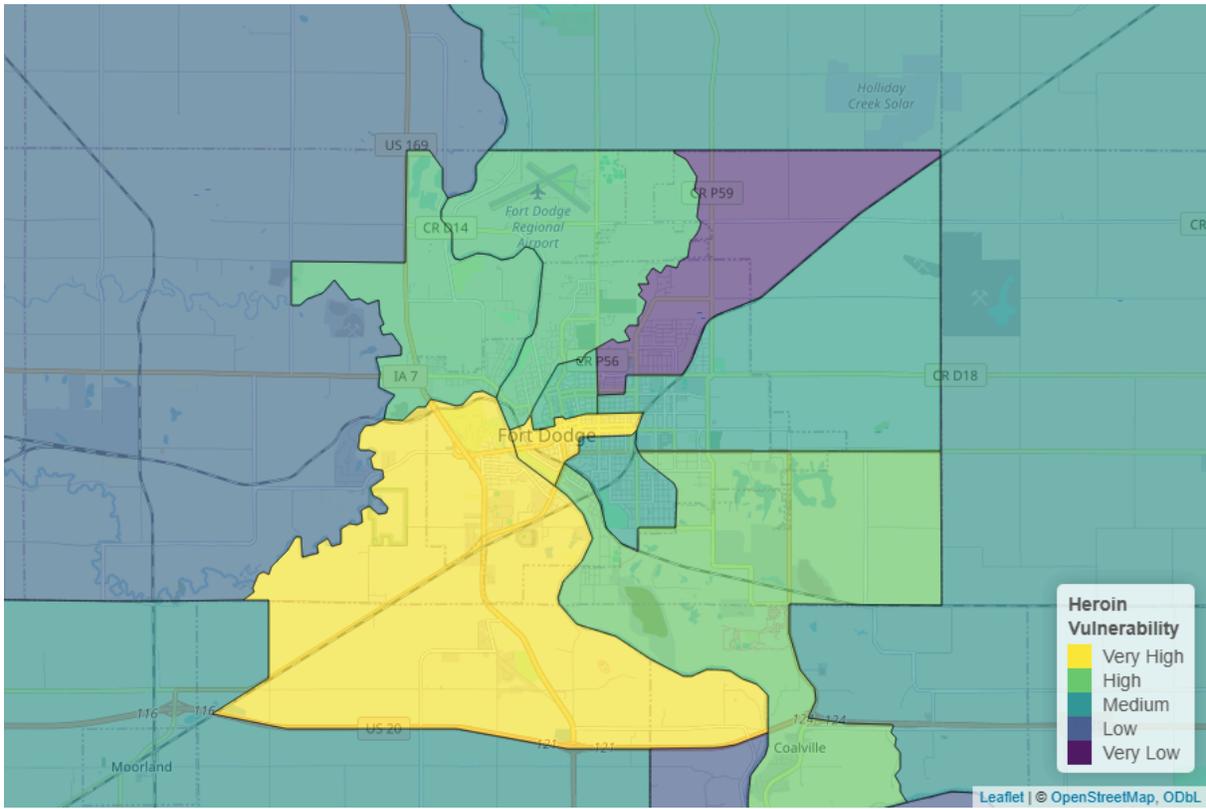


Figure 15: Heroin Vulnerability in Fort Dodge

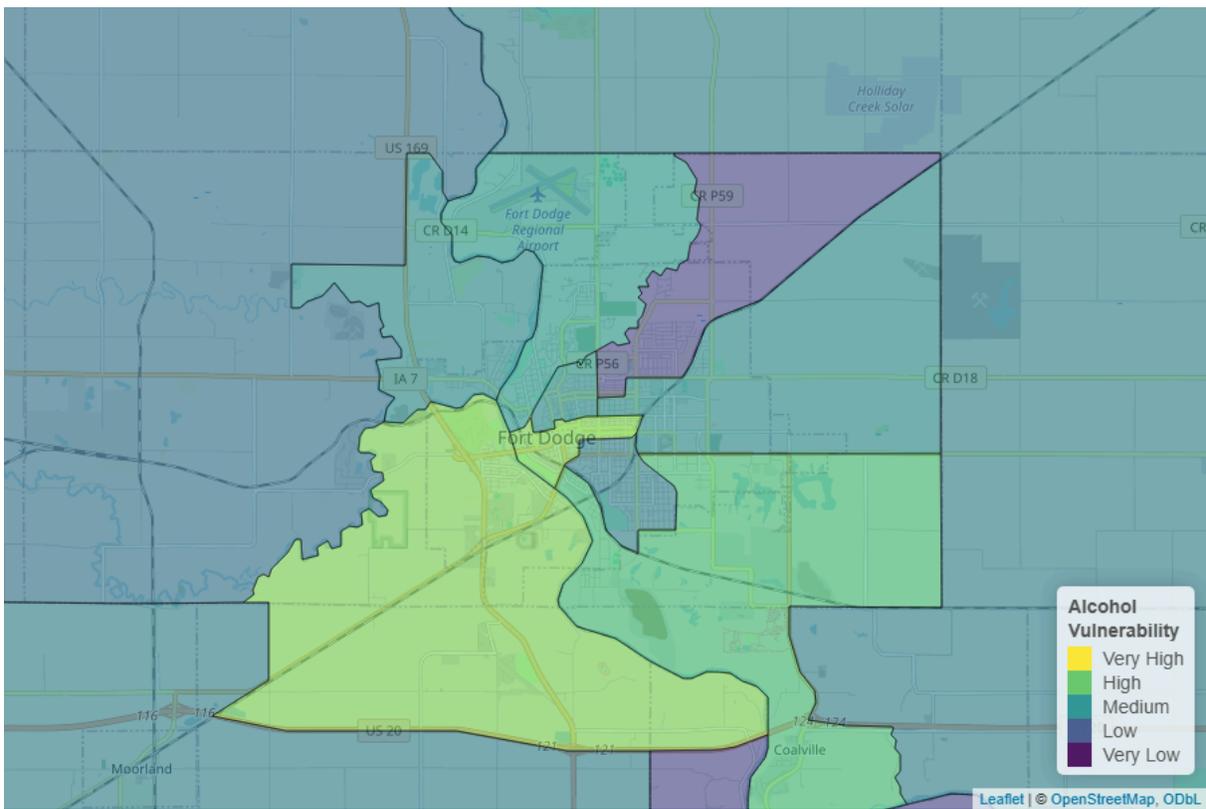


Figure 16: Alcohol Vulnerability in Fort Dodge

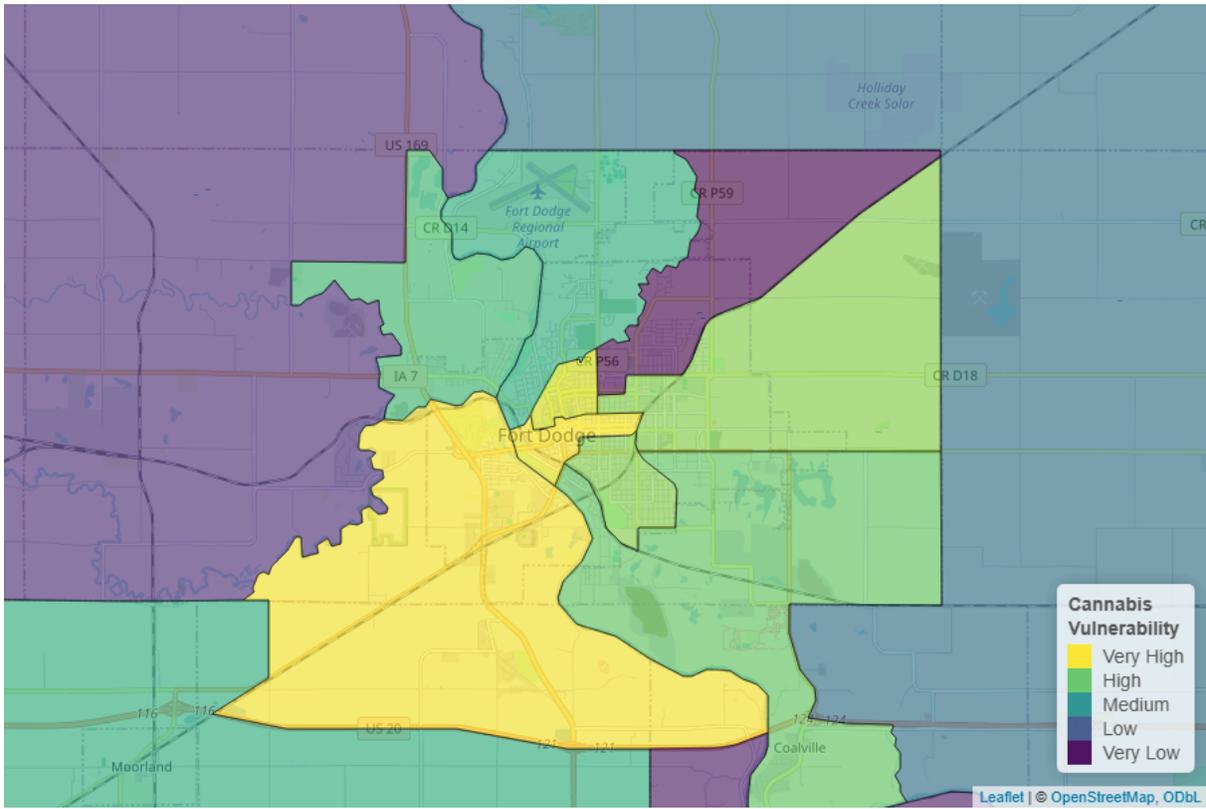


Figure 17: Cannabis Vulnerability in Fort Dodge

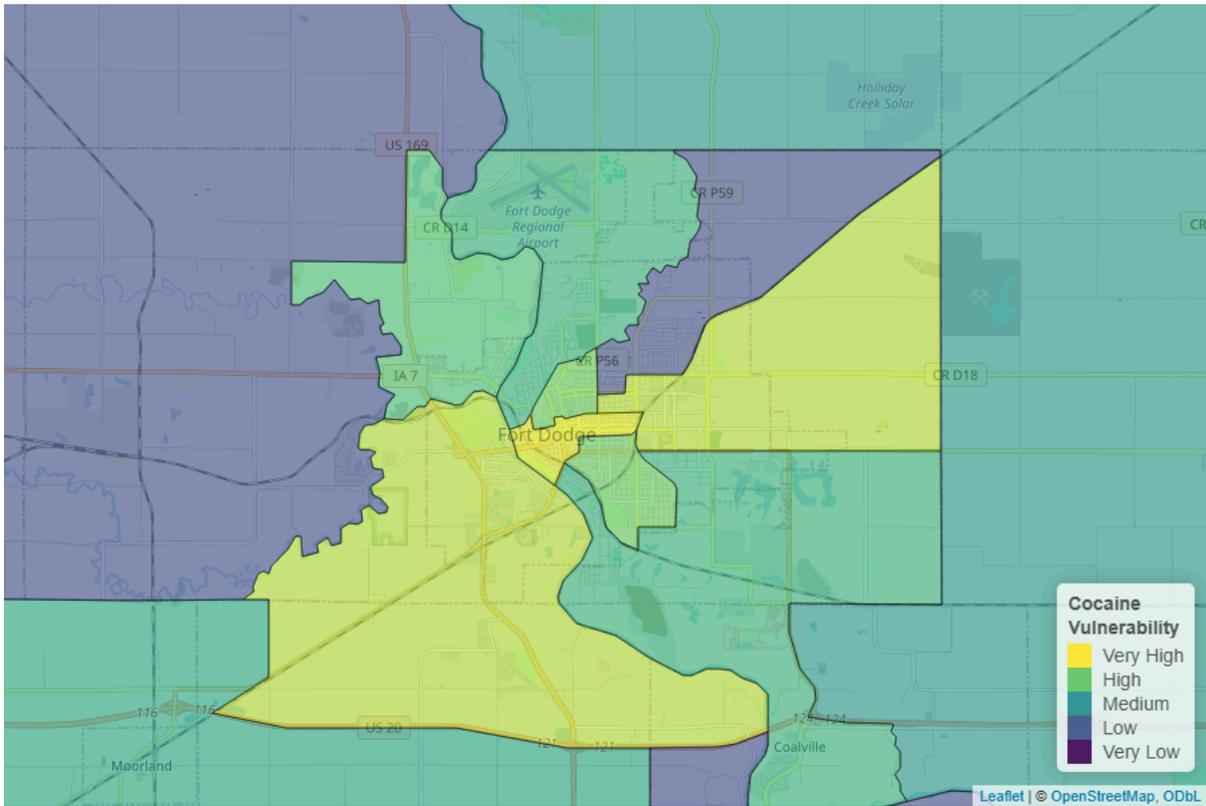


Figure 18: Cocaine Vulnerability in Fort Dodge

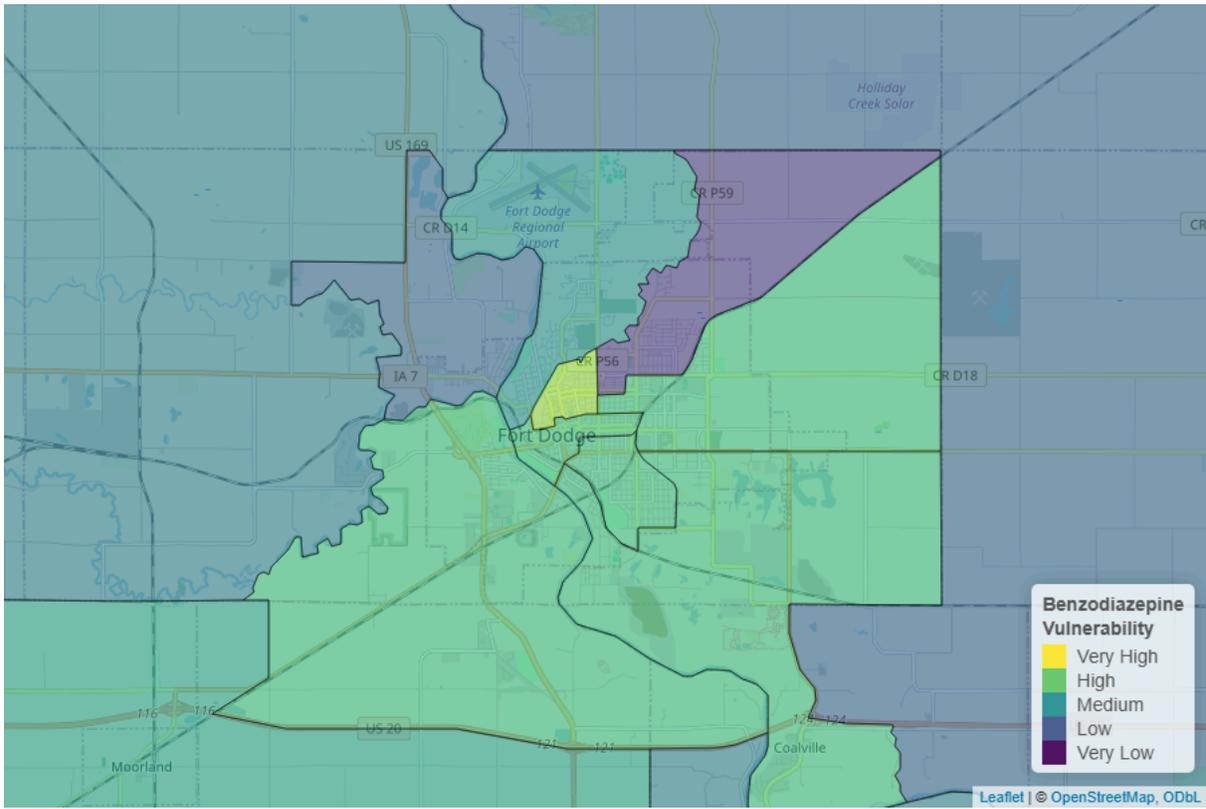


Figure 19: Benzodiazepine Vulnerability in Fort Dodge

Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Fort Dodge, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

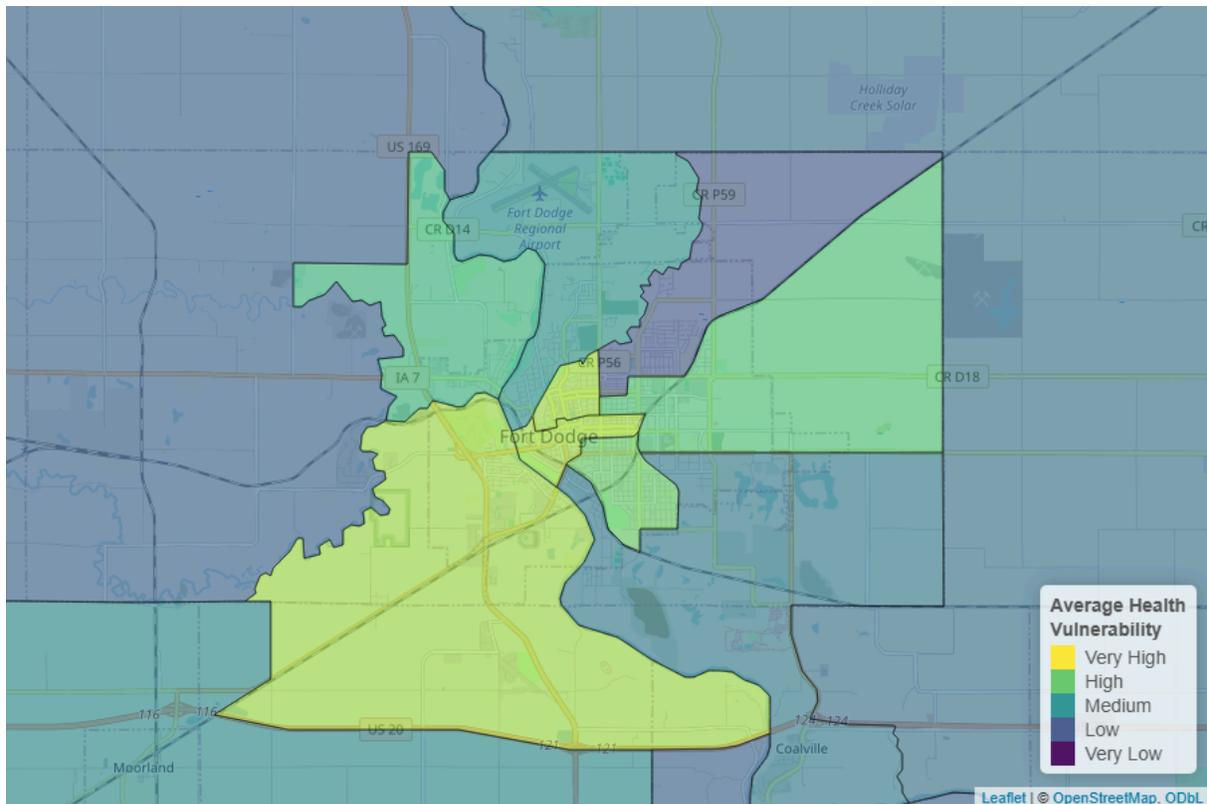


Figure 20: Overall Health Vulnerability in Fort Dodge

¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Recovery Resource Finder](#),¹¹ [Well-Being Resource Finder](#),¹² and [Physical Activity Resource Finder](#).¹³

Table 4: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics

¹¹<http://public-science.org/recoveryresources>

¹²<http://public-science.org/communityresources>

¹³<http://public-science.org/physicalactivity>

Resource Type	Source
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 2

Table 5 adds on to the Recovery Ready Community Index data found earlier in the report. This table includes all 27 cities in behavioral health district 2 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Webster County, including Fort Dodge, are bolded.

Table 5: RRCI in Behavioral Health District 2 Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Fort Dodge	24,788	5 (out of 31)	68.4	209	84.3	11.7
Spencer	11,393	4 (out of 31)	70.8	129	113.2	7.0
Estherville	5,865	50 (out of 103)	66.6	66	112.5	3.4
Spirit Lake	5,469	5 (out of 103)	77.2	74	135.3	16.5
Algona	5,414	6 (out of 103)	76.8	71	131.1	20.3
Humboldt	4,761	73.5 (out of 103)	62.8	49	102.9	2.1
Forest City	4,280	34 (out of 103)	68.9	56	130.8	2.3
Emmetsburg	3,651	77 (out of 103)	62.5	38	104.1	2.7
Eagle Grove	3,588	78 (out of 103)	61.5	36	100.3	2.8
Milford	3,315	65 (out of 103)	63.6	30	90.5	9.0
Garner	3,062	59 (out of 103)	64.3	31	101.2	6.5
Clarion	2,775	40 (out of 103)	67.9	36	129.7	3.6
Belmond	2,678	8 (out of 103)	76.0	42	156.8	7.5
Rockwell City	2,449	124 (out of 145)	33.1	24	98.0	0.0
Northwood	2,170	45 (out of 145)	65.3	26	119.8	4.6
Lake Mills	2,054	35 (out of 145)	72.1	31	150.9	4.9
Britt	1,919	40 (out of 145)	68.6	26	135.5	5.2
Sac City	1,782	28.5 (out of 145)	75.3	30	168.4	5.6
Manson	1,653	39 (out of 145)	68.9	23	139.1	6.0
Lake City	1,652	33 (out of 145)	73.9	24	145.3	18.2
Pocahontas	1,536	13 (out of 145)	81.2	30	195.3	13.0
Manly	1,288	90 (out of 145)	43.7	21	163.0	0.0
Laurens	1,234	99 (out of 145)	41.5	19	154.0	0.0
Lake Park	1,191	85 (out of 145)	45.3	21	176.3	0.0
Graettinger	1,038	110 (out of 145)	37.3	15	144.5	0.0
Lake View	1,021	61 (out of 145)	55.4	29	284.0	0.0
Buffalo Center	1,000	21 (out of 145)	79.2	21	210.0	10.0

Appendix 3: Mutual Aid Meetings In Fort Dodge

Table 6: Mutual Aid Meeting Directory in Fort Dodge

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>12 x 12 Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>As Bill Sees it Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>By The Book Group</u>	239 N 11th St, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Came To Believe Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Girls By The Book Womens Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Monday Night W.H.O Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Monday Noon Eyeopeners Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Noon AA Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Open Mens Group</u>	501 N 12th St, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Reflections Of 1st Ave Group</u>	211 S 9th St, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Saturday Nite AA Group</u>		1
Alcoholics Anonymous	<u>Saturday Noon Alano Club Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Sunday Morning Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Sunday Nite Open Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>T.G.I.F. Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Thursday Night Big Book Study Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Tuesday Alano Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Tuesday Noon Group</u>	1408 5th Ave S, Fort Dodge, IA 50501, USA	1
Alcoholics Anonymous	<u>Women's AA Group</u>	826 1st Ave N, Fort Dodge, IA 50501, USA	1
Al-Anon	Fort Dodge Alateen	211 S. 9th St, Fort Dodge, IA, 50501, USA	1
Al-Anon	Peace Of Mind AFG	1408 5th Ave S, Fort Dodge, IA, 50601, USA	1

Meeting Type	Group	Address	Weekly Meeting #
Al-Anon	Thursday Night AFG Book Study	1408 Fifth Ave S, Fort Dodge, IA, 50501, USA	1
Celebrate Recovery	New Covenant Christian Church	3318 5th Ave S, Ft Dodge, IA 50501	1
Gamblers Anonymous	Fort Dodge G.A.	28 N 10th St, Fort Dodge, IA 50501, USA	1
Narcotics Anonymous	A New Rising	501 N 12th St, Fort Dodge, IA 50501, USA	1
Narcotics Anonymous	By Any Means Necessary	501 N 12th St, Fort Dodge, IA 50501, USA	3
Narcotics Anonymous	Principles Before Personalities	1333 4th Ave N, Fort Dodge, IA 50501, USA	1
Narcotics Anonymous	Recovery At Work	1217 4th Ave S, Fort Dodge, IA 50501, USA	2
Narcotics Anonymous	Recovery at Work	1217 4th Ave S, Fort Dodge, IA 50501, USA	1

Appendix 4: Resources In Fort Dodge

Table 7: Recovery Resource Directory in Fort Dodge

Resource Type	Name	Address
Baseball/Softball Diamond	10 Baseball/Softball Diamonds	Fort Dodge, Webster County, Iowa, 50501, United States
Outdoor Basketball Court	9 Outdoor Basketball Courts	Fort Dodge, Webster County, Iowa, 50501, United States
Childcare Provider	<u>AFES Youth Center</u>	712 3rd ST NW, Fort Dodge, IA, 50501
Childcare Provider	<u>Ambrosia Owen</u>	409 O ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Aundreona Whitfield</u>	1810 7th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Becky Fuentes</u>	1312 S 21st ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Brittany Thomas-Arthur</u>	1330 6th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Calvary Family Center Day Care</u>	1318 10th AVE SW, Fort Dodge, IA, 50501
Childcare Provider	<u>Caroline Mauch</u>	426 1st ST NW, Fort Dodge, IA, 50501
Childcare Provider	<u>ChildCare Discovery Center</u>	1405 North 32nd St, Fort Dodge, IA, 50501
Childcare Provider	<u>Community Early Childhood Center</u>	1315 S 24th St, Fort Dodge, IA, 50501
Childcare Provider	<u>Contessa Miller</u>	1030 Knollcrest DR, Fort Dodge, IA, 50501
Childcare Provider	<u>Debra Breon</u>	1117 S 22nd ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Dodger Preschool</u>	1611 Williams Dr, Fort Dodge, IA, 50501
Childcare Provider	<u>Fort Dodge Head Start</u>	3611 Maple Dr, Fort Dodge, IA, 50501
Childcare Provider	<u>Hope Seiler</u>	2001 7th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Jane Soppeland</u>	810 AVE C, Fort Dodge, IA, 50501
Childcare Provider	<u>Jennifer Ort</u>	338 10th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Jodi Johnson</u>	531 S 19th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Kandiland Day Care Center</u>	821 S 25th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Karie Karr</u>	2772 18th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Kats Around the Clock Childcare LLC</u>	1415 N 14th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>KidZone Christian Daycare Center & Preschool</u>	1111 5th Ave N, Fort Dodge, IA, 50501
Childcare Provider	<u>Kingdom Kids of St. Olaf</u>	239 N 11th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Little Lambs Preschool-GSLC</u>	1436 21st Ave N, Fort Dodge, IA, 50501
Childcare Provider	<u>Lynelle Hammersland-Grady</u>	115 N 17th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Melanie Reynolds</u>	1046 N 26th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Nicole Waldschmidt</u>	1033 Raymond DR, Fort Dodge, IA, 50501
Childcare Provider	<u>Shelly Hoover</u>	1341 Williams DR, Fort Dodge, IA, 50501
Childcare Provider	<u>Sherri Ferrell</u>	3002 8th AVE S, Fort Dodge, IA, 50501
Childcare Provider	<u>St Edmond After School Program</u>	2321 6th Ave N, Fort Dodge, IA, 50501
Childcare Provider	<u>St Paul Lutheran Preschool</u>	1217 4th Ave S, Fort Dodge, IA, 50501

Resource Type	Name	Address
Childcare Provider	<u>Tammy Anderson</u>	2904 14th AVE N, Fort Dodge, IA, 50501
Childcare Provider	<u>Theresa Remington</u>	923 S 20th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Tracey's Tots Daycare Co - Fort Dodge</u>	109 S 8th ST, Fort Dodge, IA, 50501
Childcare Provider	<u>Vicki Harris</u>	807 7th AVE N, Fort Dodge, IA, 50501
College or University	<u>Iowa Central Community College</u>	One Triton Cir, Fort Dodge, IA 50501, USA
Drug Drop-off Site	Daniel Pharmacy	1114 Central Avenue, Fort Dodge, IA, 50501
Drug Drop-off Site	Genoa Healthcare	720 Kenyon Rd, Fort Dodge, IA, 50501
Drug Drop-off Site	Hy-Vee Pharmacy	115 S 29th St, Fort Dodge, IA, 50501
Drug Drop-off Site	Trinity Pharmacy	802 Kenyon Road, Fort Dodge, IA, 50501
Drug Drop-off Site	Webster County Sheriff's Office	702 1st Ave. South, Fort Dodge, IA, 50501
Family Support Specialist	<u>Children Integrated Health Home</u>	720 Kenyon Rd, Fort Dodge, IA 50501
Family Support Specialist	<u>Community Regional Center</u>	804 Kenyon Rd, Ste G, Fort Dodge, IA 50501
Football Field	Middle School Football Field	Fort Dodge, Webster County, Iowa, 50501, United States
Football Field	5 Football Fields	Fort Dodge, Webster County, Iowa, 50501, United States
Hospital	Trinity Regional Hospital	802 Kenyon Rd, Fort Dodge, IA 50501
Lake	Armstrong Park Pond	724 Exposition Dr, Fort Dodge, IA 50501
Lake	Badger Lake	1398 National Ave, Fort Dodge, IA 50501
Lake	Bob Hay Memorial Conservation Area Pond	2095 Richmill Rd, Fort Dodge, IA 50501
Lake	Ft. Dodge - Lower Dam	102 K St, Fort Dodge, IA 50501
Lake	Ft. Dodge - Upper Dam	128 7th Ave N, Fort Dodge, IA 50501
Library	Fort Dodge Public Library	424 Central Ave, Webster, Fort Dodge, IA, 50501
MAT Site	Angela Joy McGregor NP	126 N 10Th Street, Fort Dodge, IA, 50501
MAT Site	Dr. Elizabeth Webster Stoebe DO	126 North 10Th Street, Fort Dodge, IA, 50501
MAT Site	Jessica Kay Haub NP	802 Kenyon Road, Fort Dodge, IA, 50501
MAT Site	Kent Loren Croskey DO	802 Kenyon Road, Fort Dodge, IA, 50501
Mental & Behavioral Health Center	North Central Ia Mtl Hlth	720 Kenyon Rd, Fort Dodge, IA 50501
Peer Support Provider	<u>Adult Integrated Health Home</u>	720 Kenyon Rd, Fort Dodge, IA 50501
Peer Support Provider	<u>Bridges</u>	1303 A St, Fort Dodge, IA 50501
Peer Support Provider	<u>Judy Warrick Wellness and Recovery Center - Freedom Pointe</u>	28 N 10th St, Fort Dodge, IA 50501
Place of Worship	<u>Apostolic Church of Deliverance</u>	113 N 18th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Calvary Baptist Church</u>	3110 N 15th St, Fort Dodge, IA 50501, USA

Resource Type	Name	Address
Place of Worship	<u>Calvary Memorial Church of God and Christ</u>	1315 10th Ave SW, Fort Dodge, IA 50501, USA
Place of Worship	<u>Central Church</u>	2891 N 15th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Christ Lutheran Church</u>	1305 N 22nd St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Christian Science Church</u>	826 Central Ave, Fort Dodge, IA 50501, USA
Place of Worship	<u>Church of Christ West Side</u>	1134 A St W, Fort Dodge, IA 50501, USA
Place of Worship	<u>Coppin Chapel - African Methodist Episcopal</u>	329 1st Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Cornerstone Church of God in Christ</u>	1402 9th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Corpus Christi Catholic Church</u>	402 N 8th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Emmanuel Baptist Church</u>	508 S 19th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Epworth United Methodist Church</u>	2025 11th Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Evangelical Mennonite Church</u>	1633 N 29th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Faith Baptist Church</u>	1408 N 22nd St, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Assembly of God Church</u>	106 Ave O, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Baptist Church</u>	28 N 10th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Christian (Disciples of Christ) Church</u>	1333 4th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Church of the Nazarene</u>	1250 N 24th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Covenant Church</u>	201 Ave H, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Evangelical Free Church</u>	3058 10th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Presbyterian Church</u>	521 N 12th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>First Southern Baptist Church</u>	2821 N 15th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>First United Methodist Church</u>	1002 1st Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Fort Dodge Church of Christ</u>	2891 N 15th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Fort Dodge Temple of Praise Church</u>	1121 5th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Full Gospel Lighthouse Church</u>	308 J St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Good Shepherd Church</u>	1436 21st Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Grace Lutheran Church</u>	915 2nd Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Harvest Baptist Church</u>	612 2nd Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Holy Rosary Catholic Church</u>	2406 9 1/2 Ave S, Fort Dodge, IA 50501, USA

Resource Type	Name	Address
Place of Worship	<u>Kingdom Hall of Jehovah's Witnesses</u>	2210 N 15th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Mission Followers of Jesus Christ</u>	1905 S 14th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>New Covenant Christian Church</u>	3259 5th Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Prince of Peace Lutheran Church</u>	1014 S 24th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Reorganized Church of Jesus Christ of Latter Day Saints</u>	3011 15th Ave NE, Fort Dodge, IA 50501, USA
Place of Worship	<u>Riverside United Methodist Church</u>	610 Ave C, Fort Dodge, IA 50501, USA
Place of Worship	<u>Sacred Heart Catholic Church</u>	211 S 13th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Saint Mark's Episcopal Church</u>	113 S 10th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Saint Olaf Lutheran Church</u>	1435 2nd Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Saint Paul's Lutheran Church</u>	1225 4th Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Salvation Army Temple</u>	118 N 7th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Second Baptist Church</u>	1810 4th Ave S, Fort Dodge, IA 50501, USA
Place of Worship	<u>Seventh Day Adventist Church</u>	737 15th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>The Church of Jesus Christ of Latter Day Saints</u>	3148 14th Ave N, Fort Dodge, IA 50501, USA
Place of Worship	<u>Trinity Lutheran Church</u>	8 Johnson Pl, Fort Dodge, IA 50501, USA
Place of Worship	<u>Trinity United Methodist Church</u>	838 N 25th St, Fort Dodge, IA 50501, USA
Place of Worship	<u>Triumphant Church</u>	1124 Ave B, Fort Dodge, IA 50501, USA
Place of Worship	<u>United Church</u>	1611 Williams Dr, Fort Dodge, IA 50501, USA
Place of Worship	<u>Word of Life Chapel</u>	210 10th St NW, Fort Dodge, IA 50501, USA
Playground	1 Playground	3149 13th Ave N, Fort Dodge, IA 50501
SUD Recovery Coach	<u>Recovery Support Services</u>	211 Ave M W, Fort Dodge, IA 50501
Recovery Housing	<u>Gateway to Discovery</u>	1900 5th Ave South, Fort Dodge, IA
Rural Health Clinic	Fort Dodge Clinic	2700 1st Ave South, Fort Dodge, IA, 50501
Rural Health Clinic	Unitypoint Clinic - Express	2728 2nd Ave S, Fort Dodge, IA, 50501
Rural Health Clinic	UnityPoint Clinic - Kenyon Road	800 Kenyon Road Suite O Q R S T U X & Y, Fort Dodge, IA, 50501
Rural Health Clinic	UnityPoint Clinic Family Medicine Second Ave North	1428 2nd Avenue North, Fort Dodge, IA, 50501
Rural Health Clinic	UnityPoint Clinic Pediatrics	804 Kenyon Road Suite D, Fort Dodge, IA, 50501
Rural Health Clinic	Van Diest Family Hlth Clinic Of Ft. Dodge	119 Avenue O W, Fort Dodge, IA, 50501
School	Butler Elementary School	945 South 18th Street, Fort Dodge, IA
School	Community Christian School	2406 9 1/2 Ave South, Fort Dodge, IA

Resource Type	Name	Address
School	Cooper Elementary School	2420 14th Avenue North, Fort Dodge, IA
School	Duncombe Elementary School	1620 6th Avenue North, Fort Dodge, IA
School	Early Childhood Center	104 So. 17th St., Fort Dodge, IA
School	Feelhaver Elementary School	1300 14th Ave N, Fort Dodge, IA
School	Fort Dodge High School	819 N 25th St, Fort Dodge, IA
School	Fort Dodge Middle School	800 North 32nd Street, Fort Dodge, IA
School	St Edmond Catholic	2220 4th Ave. North, Fort Dodge, IA
School	St Paul Lutheran School	1217 4th Ave S, Fort Dodge, IA
Section 8 Housing	Garden Village Apartments	2736 2nd Ave N, Fort Dodge, IA, 50501
Section 8 Housing	Wahkonsa Manor Apartments	927 Central Ave, Fort Dodge, IA, 50501
Section 8 Housing	Westridge Townhomes	122 Avenue M West, Fort Dodge, IA, 50501
Shelter	<u>Beacon-Hope Men's Homeless</u>	1021 1st Ave North, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Catholic Charities of the Diocese of Sioux City, IA</u>	1414 Central Ave, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	1321 2nd Ave South, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	1329 2nd Avenue South, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	211 Avenue M West, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	701 S. 17th Street, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	728 S. 17th St., Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	733 S. 17th St., Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>Iowa Specialty Hospital & Clinic</u>	2700 1st Ave South, Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>UnityPoint - Berryhill Center</u>	720 Kenyon Rd., Fort Dodge, IA, 50501
SUD or Gambling Treatment Center	<u>YWCA of Fort Dodge</u>	826 1st Ave. N, Fort Dodge, IA, 50501
Tennis Court	14 Tennis Courts	Fort Dodge, Webster County, Iowa, 50501, United States
Trail	27 Trails	No Address in Data
VA Hospital or Clinic	<u>Fort Dodge CBOC</u>	2419 2nd Ave N, Fort Dodge, IA 50501
Outdoor Volleyball Court	2 Outdoor Volleyball Courts	Fort Dodge, Webster County, Iowa, 50501, United States
Workforce Development Office	<u>IowaWORKS Fort Dodge</u>	3 Triton Circle, Fort Dodge, IA, 50501